



HEALTHY WOMAN

A NORTHWEST MEDICAL CENTER RESOURCE

Healthy Woman is a free resource provided by Northwest Medical Center.

It's designed to empower women with the knowledge and confidence to make informed healthcare and well-being decisions for themselves and their loved ones. Free monthly presentations will cover health, communication, relationship and life balance issues, all designed to improve your life and the lives of those you love.

YES! I want to be a part of the Healthy Woman community.

Sign me up for my FREE membership today!

I want to join Northwest Medical Center's free Healthy Woman program and receive e-mail or other communication about monthly health seminars and events, and other health information.

Please print. *(Provide as much information as possible. We value our relationship with you and will never share or sell your personal information to any outside organization without your permission.)*

First Name _____ **Middle Initial** _____ **Last Name** _____

Date of Birth ___ / ___ / _____ **Phone Number** (____) _____ - _____

Please enter last four digits of your Social Security Number _____

(The last 4 digits of your social security number are required. This information is kept strictly confidential. We use it only to identify Healthy Woman members who use our hospital.)

Mailing Address

City _____ **State** _____ **Zip** _____

E-mail Address

_____ @ _____
Doing so will allow you to receive Healthy Woman event information and e-newsletters with valuable health information.

I prefer attending Healthy Woman events on _____ during lunch or in the evening
(day of the week)

I am interested in learning more
about _____
(list health and other topics)

Congratulations on choosing to become a Healthy Woman!